



# Program Innovation: Canadian Forces Health Services' Suicide Prevention Program

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Health Services Group



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# Outline

- » A brief history
- » SPP:
  - Prevention
  - Intervention
  - Postvention
  - Investigations
  - Performance Measurement



# A Brief History

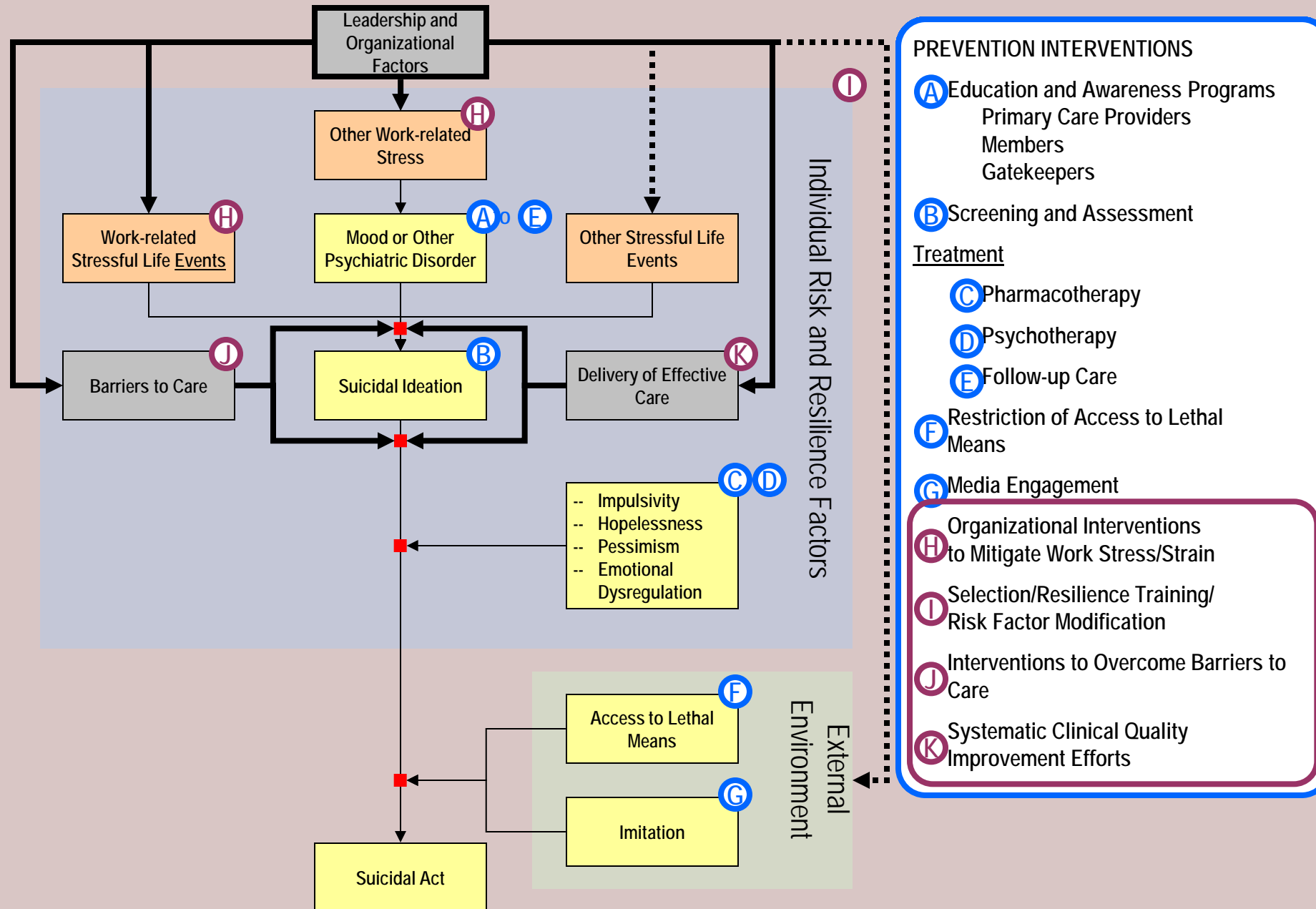
» 2009 Expert Panel Report on Suicide

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# Modified Mann Model: Potential Targets for Suicide Prevention



# Suicide Prevention Program (SPP)

- » Prevention
- » Intervention
- » Postvention
- » Investigations
- » Performance Management

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# Suicide Prevention Program (SPP)

- » Everything in one document
- » For us
- » For our stakeholders

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# SPP: Prevention

- » Education and training programs
- » Communications
- » Reduce barriers (stigma)
- » Treatment of mental illness



# SPP: Intervention

- » Suicidal risk screening
- » Clinician's Handbook on suicidality
- » Substance use
- » Coordination of care: Most Responsible Physician (MRP)
- » Post-suicide attempt interventions





# SPP: Postvention

- » Support to family/friends/colleagues
- » Support to health care providers

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# SPP: Investigations

- » Chart review for attempted suicides
- » Medical Professional Technical Suicide Review (MPTSR)

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# SPP: Performance Measurement

- » Surveillance, research, and analysis
  - » Report on Suicide Mortality in CAF
  - » MPTSRs



# Conclusion

- » Committed to multimodal approach
- » Continue to work on three key pillars
  - » excellence in mental health care
  - » good leadership
  - » an informed and engaged membership

